

HUMAN FOLLISTATIN (FST) ELISA KIT

FOR THE QUANTITATIVE DETERMINATION OF
HUMAN FOLLISTATIN CONCENTRATIONS IN
SERUM, AND PLASMA.



FOR RESEARCH USE ONLY. NOT FOR USE IN
DIAGNOSTIC PROCEDURES.

PURCHASE INFORMATION:

ELISA NAME	HUMAN FOLLISTATIN ELISA
Catalog No.	SK00346-01
Formulation	96 T
Lot No.	
Standard range	47-3000 pg/mL
Sensitivity	10 pg/mL
Sample Volume	100 µl
Sample Type	Serum, EDTA Plasma
Dilution Factor	<i>Optimal dilutions should be determined by each laboratory for each application</i>
Specificity	Human follistatin only
Intra-assay Precision	4-6%
Inter-assay Precision	8-10%
Storage	4 °C

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INTRODUCTION

Human Follistatin Immunoassay is a 3.5 - 4.5 hour solid phase ELISA designed to measure human Follistatin in cell culture supernates, serum, and plasma. It contains recombinant human FOLLISTATIN and antibodies raised against this protein. It has been shown to accurately quantify recombinant human Follistatin. Results obtained with naturally occurring Follistatin samples showed linear curves that were parallel to the standard curves obtained using the kit standards. These results indicate that the Immunoassay kit can be used to determine relative mass values for natural human Follistatin.

PRINCIPLE OF THE ASSAY

This assay employs the quantitative sandwich enzyme immunoassay technique. A monoclonal antibody specific for Follistatin has been pre-coated onto a microplate. Standards and samples are pipetted into the wells and any Follistatin present is bound by the immobilized antibody. After washing away any unbound substances, an biotinylated antibody specific for Follistatin is added to the wells. Following a wash to remove any unbound antibody-biotin reagent, HRP link Streptavidin is added to the wells. After washing away any unbound enzyme, a substrate solution is added to the wells and color develops in proportion to the amount of Follistatin bound in the initial step. The color development is stopped and the intensity of the color is measured.

LIMITATIONS OF THE PROCEDURE

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_ The kit should not be used beyond the expiration date on the kit label.

_ Do not mix or substitute reagents with those from other lots or sources.

_ It is important that the Dilution Buffer selected for the standard curve be consistent with the samples being assayed.

_ If samples generate values higher than the highest standard, dilute the samples with the appropriate Calibrator Diluent and repeat the assay.

_ Any variation in standard diluent, operator, pipetting technique, washing technique, incubation time or temperature, and kit age can cause variation in binding.

_ This assay is designed to eliminate interference by soluble receptors, binding proteins, and other factors present in biological samples. Until all factors

have been tested in the Immunoassay, the possibility of interference cannot be excluded.

MATERIALS PROVIDED

Description	Code	Quantity
Follistatin Microplate - 96 well polystyrene microplate (12 strips of 8 wells) coated with a mouse monoclonal antibody against Follistatin.	346-01-01	1 plate
Follistatin Standard – 3000 pg/vial of recombinant human Follistatin in a buffered protein base with preservatives; lyophilized.	346-01-02	1 vial
Detection Antibody Concentrate – 105 µL / vial, 100-fold concentrated of Biotinylated antibody against Follistatin with preservatives; lyophilized.	346-01-03	1 vial
Positive Control – one vial of recombinant Follistatin , lyophilized	346-01-04	1 vial
Streptavidin-HRP Conjugate -60 µl/vial, 200-fold concentrated solution of Streptavidin conjugate to HRP	SAHRP	1 vial
Dilution Buffer - 60mL of buffered protein based solution with preservatives	DB01	1 bottle
Wash Buffer -50 ml of 10-fold concentrated buffered surfactant, with preservative.	WB01	1 bottle
TMB Substrate Solution -11 mL of TMB substrate solution	TMB01	1 bottle
Stop Solution (0.5M HCl) , 11 mL of 0.5M HCl	S-STOP	1 bottle
Plate sealer.	EAPS	1 piece

STORAGE

Unopened Kit: Store at 2 - 8°C for up to 6 months. For longer storage, unopened Standard, Positive Control, Detection Antibody Concentrate should be stored at -20°C or -70°C. Do not use kit past expiration date.

Opened / Reconstituted Reagents: Reconstituted Standard and Antibody Solution SHOULD BE STORED at -20°C or -70°C for up to one month. Streptavidin-HRP Conjugate 200-fold concentrate and other

components may be stored at 2 - 8°C for up to 6 months.

Microplate Wells: Return unused wells to the plastic bag containing the desiccant pack, reseal along entire edge of zip-seal. Microplate may be stored for up to 6 months at 2 - 8°C.

OTHER SUPPLIES REQUIRED

- Microplate reader capable of measuring absorbance at 450 nm, with the correction wavelength set at 540 nm or 570 nm.
- Microplate shaker (250-300rpm).
- Pipettes and pipette tips.
- Deionized or distilled water.
- Squirt bottle, manifold dispenser, or automated microplate washer.
- 100 mL and 500 mL graduated cylinders.

PRECAUTIONS FOR USE

All reagents should be considered as potentially hazardous. The stop solution contains diluted Hydrochloric acid. Appropriate care, therefore, should be taken while handling this solution. We therefore recommend that this product is handled only by those persons who have been trained in laboratory techniques and that it is used in accordance with the principles of good laboratory practice. Wear suitable protective clothing such as laboratory overalls, safety glasses and gloves. Care should be taken to avoid contact with skin or eyes. In the case of contact with skin or eyes wash immediately with water.

SAMPLE COLLECTION AND STORAGE

Serum - Use a serum separator tube (SST) and allow samples to clot for 30 minutes before centrifugation for 15 minutes at 1000 x g. Remove serum and assay immediately or aliquot and store samples at ≤ -20° C. Avoid repeated freeze-thaw cycles.

Plasma - Collect plasma using EDTA, heparin, or citrate as an anticoagulant. Centrifuge for 15 minutes at 1000 x g within 30 minutes of collection. Assay immediately or aliquot and store samples at ≤ -20° C. Avoid repeated freeze-thaw cycles.

Note: Use Aprotinin (enzyme inhibitor) for ALL sample collection to prevent sample degradation. 0.5 TIU per ml of sample solution.

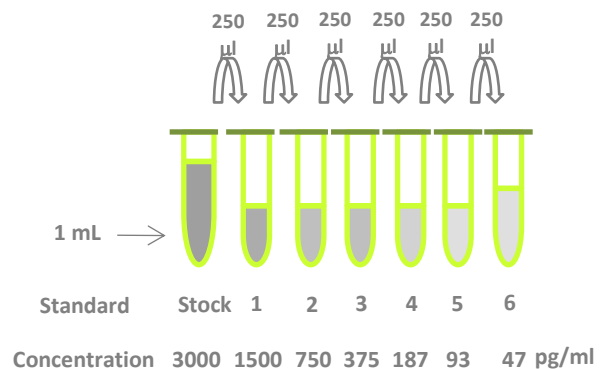
REAGENT PREPARATION

Bring all reagents to room temperature before use.

Wash Buffer - If crystals have formed in the concentrate, warm to room temperature and mix gently until the crystals have completely dissolved. Dilute 50 mL of Wash Buffer Concentrate into deionized or distilled water (450 mL) to prepare 500 mL of Wash Buffer.

Follistatin Standard - Refer to vial label for reconstitution volume. Reconstitute the Follistatin Standard with 1 ml of Dilution Buffer. This reconstitution produces a stock solution of 3000 pg/mL. Allow the standard to sit for a minimum of 15 minutes with gentle agitation prior to making dilutions. Pipette 250 µL of the appropriate Dilution Buffer into the tube #1 to #6. Use the stock solution to produce a dilution series (below). Mix each tube thoroughly before the next transfer. The 3000 pg/mL standard serves as the high standard. The appropriate Dilution Buffer serves as the zero standard (0 pg/mL).

TUBE	STANDARD	DILUTION BUFFER	CONCENTRATION
stock	3000 pg	1 ml	3000 pg/ml
# 1	250µl of stock	250µl	1500 pg/ml
# 2	250µl of 1	250µl	750 pg/ml
# 3	250µl of 2	250µl	375 pg/ml
# 4	250µl of 3	250µl	187.5 pg/ml
# 5	250µl of 4	250µl	93.75 pg/ml
# 6	250µl of 5	250µl	47 pg/ml



Detection Antibody- Reconstitute the **Detection Antibody concentrated** with 105 µl of Dilution Buffer to produce a 100-fold concentrated stock solution. Pipette 10.395 mL of the appropriate Dilution Buffer into the 15 ml centrifuge tube and transfer 120 µl of 100-fold concentrated stock solution to prepare working solution.

Streptavidin-HRP Conjugate - Pipette 11.94 mL of Dilution Buffer into the 15 ml centrifuge tube and transfer 60 µl of 200-fold concentrated stock solution to prepare working solution. *Note: 1 x working solution of Streptavidin HRP Conjugate should be used within a few days.*

Positive Control- Reconstitute the **Positive Control** with 1.0 mL of Dilution Buffer. *Positive Control should be prepared and used immediately.*

ASSAY PROCEDURE

Bring all reagents and samples to room temperature before use. It is recommended that standards be assayed in duplicate.

1. Prepare all reagents and working standards as directed in the previous sections.
2. Remove excess micro-plate strips from the plate frame, return them to the plastic pouch containing the desiccant pack, reseal.
3. Add 100 µL of Dilution Buffer to Blank well (F4, F5).
4. Add 100 µL of Standard (from B2,B3 toG2, G3 and G4 , G5), sample, or positive control(E4,E5) per well. Cover with the Sealer. Incubate for 2 hours on micro-plate shaker at room temperature. A plate layout is provided to record standards and samples assayed.
5. Aspirate each well and wash, repeating the process three times for a total of four washes. Wash by filling each well with Wash Buffer (300 µL) using a squirt bottle, manifold dispenser, or autowasher. Complete removal of liquid at each step is essential to good performance. After the last wash, remove any remaining Wash Buffer by aspirating or decanting. Invert the plate and blot it against clean paper towels.
6. Add 100 µL of Detection Antibody working solution to each well. Cover with sealer. Incubate for 2 hours on micro-plate shaker at room temperature.
7. Repeat the aspiration/wash as in step 5.
8. Add 100 µL of **Streptavidin-HRP Conjugate** working solution to each well. Incubate for 30 min on micro-plate shaker at room temperature. **Protect from light.**
9. Repeat the aspiration/wash as in step 5.
10. Add 100 µL of Substrate Solution to each well. Incubate for 10-20 minutes at room temperature. **Protect from light.**
11. Add 100 µL of Stop Solution to each well. The color in the wells should change from blue to yellow. If

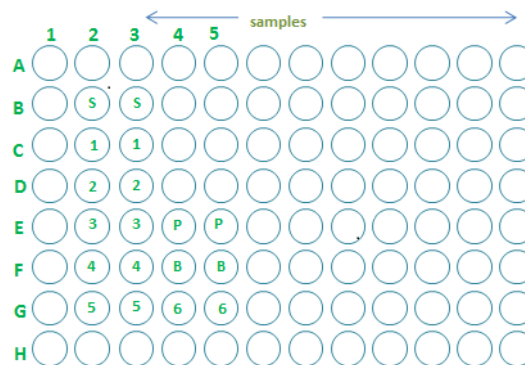
the color in the wells is green or if the color change does not appear uniform, gently tap the plate to ensure thorough mixing.

12. Determine the optical density of each well within 15 minutes, using a micro-plate reader set to 450 nm.

CALCULATION OF RESULTS

Average the duplicate readings for each standard, positive control, and sample and subtract the average zero standard optical density. Create a standard curve by reducing the data using computer software capable of generating a log-log curve fit. As an alternative, construct a standard curve by plotting the mean absorbance for each standard on the y-axis against the concentration on the x-axis and draw a best fit curve through the points on the graph. The data may be linearized by plotting the log of the Follistatin concentrations versus the log of the O.D. and the best fit line can be determined by regression analysis. This procedure will produce an adequate but less precise fit of the data.

If samples have been diluted, the concentration read from the standard curve must be multiplied by the dilution factor.



TYPICAL DATA

The standard curve is provided for demonstration only. A standard curve should be generated for each set of samples assayed.

STANDARD (PG/ML)	AVERAGE OD450NM (CORRECTED)
47	0.032
93.75	0.79
187.5	0.148
375	0.344
750	0.738
1500	1.477
3000	2.825

CALIBRATION

This immunoassay is calibrated against a highly purified recombinant human Follistatin.

SENSITIVITY

Twenty-five assays were evaluated and the minimum detectable dose (MDD) of Follistatin Was 10 pg/mL.

SPECIFICITY

PROTEIN	CROSSREACTIVITY (%)
Human Follistatin	100
Human Activin	0

SUMMARY OF ASSAY PROCEDURE

PREPARE REAGENTS, SAMPLES AND STANDARDS
↓
Add 100µl of standard, samples, positive control to each well. Incubate 2 hours on the plate shaker at RT.
↓
Aspirate and wash 4 times.
↓
Add 100 µl Detection Antibody working solution to each well. Incubate 2 hours on the plate shaker at RT.
↓
Aspirate and wash 4 times.
↓
Add 100 µl Streptavidin HRP conjugate working solution to each well. Incubate 30 min on the plate shaker at RT. Protect from light.
↓
Aspirate and wash 4 times.
↓
Add 100 µl Substrate Solution to each well. Incubate 10-20 min on the bench top. Protect from light.
↓
Add 100 µl Stop Solution to each well. Read 450nm within 15 min