

HUMAN FOLLISTATIN-LIKE PROTEIN 3 (FSTL3) ELISA KIT

FOR THE QUANTITATIVE DETERMINATION OF
HUMAN FOLLISTATIN-LIKE PROTEIN 3
CONCENTRATIONS IN CELL CULTURE
SUPERNATES, SERUM AND EDTA PLASMA



FOR RESEARCH USE ONLY. NOT FOR USE IN
DIAGNOSTIC PROCEDURES.

PURCHASE INFORMATION:

ELISA NAME	HUMAN FSTL3 ELISA
Catalog No.	SK00347-06
Lot No.	
Formulation	96 T
Standard range	78-10,000 pg/mL
Sensitivity	20 pg/mL
Sample require	100 µl
Dilution Factor	2-4 (Optimal dilutions should be determined by each laboratory for each application)
Sample Type	Cell Culture Supernates, Serum, EDTA Plasma
Specificity	Human FSTL3
Intra-assay Precision	4-6%
Inter-assay Precision	8-12%
Storage	2-8 °C
This kit contains sufficient materials to run 35 samples duplicated provided that assay is run according to protocol.	

ORDER CONTACT

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INTRODUCTION

This Human Follistatin-like Protein 3 (FSTL3) ELISA Kit contains the necessary components required for the quantitative measurement of recombinant and/or natural human FSTL3 from cell culture supernates, serum and plasma in a sandwich ELISA format.

This immunoassay contains recombinant human FSTL3 and antibodies raised against this protein. Results from this immunoassay have shown to accurately quantify recombinant and natural FSTL3 samples.

PRINCIPLE OF THE ASSAY

This assay employs the quantitative sandwich ELISA format. The plate is pre-coated with an antibody specific for human FSTL3. The capture antibody can bind to the human FSTL3 in the standard and samples. After washing the plate of any unbound substances, a biotinylated antibody against human FSTL3 is added to the wells. After another washing of the plate, Streptavidin-HRP Conjugate is added. After the last wash to remove any unbound enzyme, a substrate solution (TMB) is added to the wells and color develops in direct proportion to the amount of human FSTL3 bound in the standard solutions or samples. A standard curve can be established and sample values can be read off the standard curve.

PROCEDURAL LIMITATIONS

_FOR RESEARCH USE ONLY. NOT FOR USE IN DIAGNOSTIC PROCEDURES.

_This ELISA kit should not be used beyond the expiration date on the kit label.

_Do not mix reagents with those from other lots or sources.

_It is important that the Dilution Buffer selected for the standard curve be consistent with the samples being assayed.

_Each laboratory must determine the optimal dilution factors for the samples being assayed with a pretest. If samples generate values that are not within the dynamic range of the standard curve, further concentrate or dilute the samples as required with Dilution Buffer and repeat the assay.

_Any modifications in buffers, pipetting technique, washing technique, incubation time or temperature, as well as kit age can cause a change in signal.

_Not all interfering factors have been tested in the immunoassay, therefore the possibility of interference cannot be excluded.

MATERIALS PROVIDED

DESCRIPTION	CODE	QUANTITY
FSTL3 Microplate - 96 well polystyrene microplate (12 strips of 8 wells) coated with a purified antibody against Follistatin-like protein 3.	347-06-01	1 plate
FSTL3 Standard – 10,000 pg/vial of recombinant human Follistatin-like protein 3 in a buffered protein base with preservative; lyophilized.	347-06-02	1 vial
Detection Antibody – 1.05 mL/vial, 10-fold concentrate of a biotinylated antibody against Follistatin-like protein 3 with preservative; lyophilized.	347-06-03	1 vial
Positive Control – one vial of recombinant Follistatin-like protein 3, lyophilized.	347-06-04	1 vial
Streptavidin-HRP Conjugate - 60 µl/vial, 200-fold concentrated solution of Streptavidin conjugate to HRP.	SAHRP	1 vial
Dilution Buffer - 60mL of buffered protein based solution with preservative.	DB01	1 bottle
Wash Buffer - 50 mL of 10-fold concentrated buffered surfactant, with preservative.	WB01	1 bottle
TMB Substrate Solution - 11 mL of TMB substrate solution	TMB01	1 bottle
Stop Solution - 11 mL of 0.5M HCl	S-STOP	1 bottle
Plate Sealer	EAPS	1 piece
Plastic Pouch	P01	1 piece

STORAGE

Unopened Kit: Store at 2 - 8° C for up to 8 months. For longer storage, unopened Standard, Positive Control and Detection Antibody Concentrate should be stored at -20 °C or -70 °C. Do not use kit past expiration date.

Opened / Reconstituted Reagents: Reconstituted Standard (stock) and Detection Antibody concentrated solution SHOULD BE STORED at -20 °C or -70°C for up to one month. Streptavidin-HRP

Conjugate 200-fold concentrated solution (protect from light) and other components may be stored at 2 - 8°C for up to 8 months.

Microplate Wells: Return unused wells to the plastic pouch with the desiccant pack, reseal along the entire edge of zip-seal. Microplate may be stored for up to 6 months at 2 - 8°C after opening.

STORAGE

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Opened / Reconstituted Reagents: Reconstituted Standard (stock) solution and Detection Antibody concentrated solution SHOULD BE STORED at -20 °C or -70 °C for up to one month. Streptavidin-HRP Conjugate 200-fold concentrated solution and TMB Substrate Solution can be stored at 2 – 8 °C for up to 8 months (**DO NOT FREEZE** and **PROTECT FROM LIGHT**). All other components may be stored at 2 – 8 °C for up to 8 months.

Microplate Wells: Return unused strips to the plastic pouch with the desiccant pack. Microplate may be stored for up to 6 months at 2 – 8 °C after opening.

ADDITIONAL MATERIALS REQUIRED

- Microplate reader capable of absorbance measurement at 450 nm.
- Microplate shaker (250 – 300 rpm).
- Microplate washer or manifold dispenser.
- 100 mL and 500 mL graduated cylinders.
- Multi-channel Pipette, Pipettes and pipette tips.
- Deionized or distilled water.

PRECAUTION

This kit should be handled by those persons who have been trained in and can follow the principles of good laboratory practice. Wear protective clothing such as laboratory overalls, safety glasses and gloves. Care should be taken while handling solutions in this kit to avoid contact with skin or eyes, especially with the stop solution because it contains diluted hydrochloric acid. Wash immediately with water in case of contact on skin or eyes.

SAMPLE COLLECTION AND STORAGE

Cell Culture Supernates – Centrifuge and assay immediately or aliquot and store samples at ≤ -20 °C. Avoid repeated freeze-thaw cycles.

Serum – Use a serum separator tube (SST). Allow blood to clot for 30 minutes. Centrifuge at 1000 x g for 15 minutes and collect serum. Assay samples immediately or aliquot and store at ≤ -20 °C. Avoid repeated freeze-thaw cycles.

Plasma – Collect plasma using EDTA, heparin, or citrate as an anticoagulant. Centrifuge at 1000 x g for 15 minutes and collect plasma. Assay samples immediately or aliquot and store at ≤ -20 °C. Avoid repeated freeze-thaw cycles.

Optional: Use Aprotinin (enzyme inhibitor) for ALL sample collection to prevent sample degradation. 0.5 TIU per mL of sample solution.

SAMPLE PREPARATION

Serum and plasma samples may require a 2 to 4-fold dilution. A suggested 2-fold dilution is 125 µL sample + 125 µL Dilution Buffer. A suggested 4-fold dilution is 60 µL sample + 180 µL Dilution Buffer.

Optimal dilutions should be determined by each laboratory for each application with a pretest. Use polypropylene test tubes.

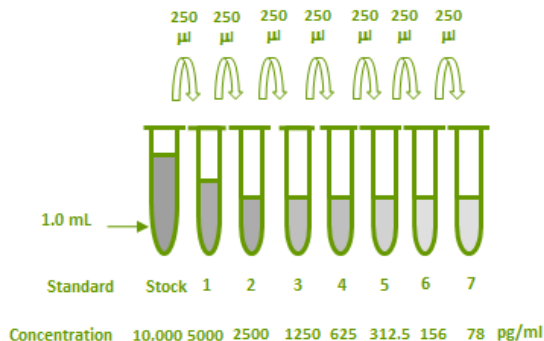
REAGENT PREPARATION

Bring all reagents to room temperature before use.

Wash Buffer - If crystals have formed in the concentrate, warm to room temperature and mix gently until the crystals have completely dissolved. Dilute 50 mL of Wash Buffer Concentrate into deionized or distilled water (450 mL) to prepare 500 mL of 1x Wash Buffer.

FSTL3 Standard - Refer to vial label for reconstitution volume. Reconstitute the **FSTL3** standard with 1.0 mL of Dilution Buffer. This reconstitution produces a stock solution of 10,000 pg/mL. Allow the standard to sit for a minimum of 15 minutes with gentle agitation prior to making dilutions. Pipette 250 µL of the appropriate Dilution Buffer into tubes #1 to #7. Use the stock solution to produce a dilution series (below). Mix each tube thoroughly before the next transfer. The **10,000 pg/mL** standard serves as the high standard. The Dilution Buffer serves as the zero standard (0 pg/mL).

TUBE	STANDARD	DILUTION BUFFER	CONCENTRATION
stock	powder	1.0 ml	10,000 pg/ml
# 1	250µl of stock	250µl	5000 pg/ml
# 2	250µl of 1	250µl	2500 pg/ml
# 3	250µl of 2	250µl	1250 pg/ml
# 4	250µl of 3	250µl	625 pg/ml
# 5	250µl of 4	250µl	312.5 pg/ml
# 6	250µl of 5	250µl	156.25 pg/ml
# 7	250µl of 6	250µl	78.125 pg/ml



Detection Antibody - Reconstitute the Detection Antibody Concentrate with 1.05 mL of Dilution Buffer to produce a 10-fold concentrated stock solution. Allow the concentrated solution to sit for at least 5 minutes until completely dissolved. Pipette 9.45 mL of Dilution Buffer into a 15 mL centrifuge tube and transfer 1.05 mL of 10-fold concentrated stock solution to prepare working solution. **Note:** This should be prepared 1-2 hours prior to use.

Streptavidin-HRP Conjugate - Pipette 11.94 mL of Dilution Buffer into a 15 mL centrifuge tube and transfer 60 µL of 200-fold concentrated stock solution to prepare working solution. **Note:** 1x working solution of Streptavidin-HRP should be used within a few days (**protect from light**). **DO NOT FREEZE.**

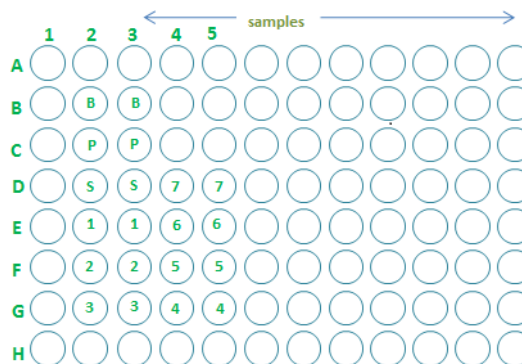
Positive Control - Reconstitute the Positive Control with 1.0 mL Dilution Buffer. **Note:** Positive Control could be used within a few days if stored at -20 °C or -70 °C.

ELISA PROTOCOL

Bring all reagents and samples to room temperature before the start of the assay. Blank,

standard dilutions, positive control and samples should be assayed in duplicate. ELISA Protocol may need further optimization.

1. Prepare all reagents, standard dilutions, positive control and samples as directed previously.
2. Remove unneeded microplate strips from the plate frame and return them to the plastic pouch with the desiccant pack.
3. Add 100 µL per well of **Dilution Buffer** to Blank wells (B2, B3).
4. Add 100 µL per well of **Standard Dilutions** in reverse order of serial dilution (D4, D5 to G4, G5 and G2, G3 to D2, D3), **sample**, or **positive control** (C2, C3). Cover with plate sealer and incubate for 2 hours on microplate shaker at room temperature. (Please see plate layout provided.)
5. Aspirate and wash each well with 300 µL of **1x Wash Buffer** four times. After the last wash, aspirate any remaining 1x Wash Buffer, invert the plate and blot against clean paper towel(s).
6. Add 100 µL per well of **Detection Antibody working solution**. Cover with plate sealer and incubate for 2 hours on microplate shaker at room temperature.
7. Repeat the aspiration and wash as in step 5.
8. Add 100 µL per well of **Streptavidin-HRP Conjugate working solution**. Cover with plate sealer and incubate for 60 minutes on microplate shaker at room temperature. **Protect from light.**
9. Repeat the aspiration and wash as in step 5.
10. Add 100 µL per well of **Substrate Solution**. Incubate for 3-8 minutes on microplate shaker at room temperature. **Protect from light.**
11. Add 100 µL per well of **Stop Solution**. The color in the wells should change from blue to yellow. If the color change does not appear uniform, gently tap the plate to ensure thorough mixing.
12. Read plate using a microplate reader set to 450 nm within 15 minutes.



CALCULATION OF RESULTS

Create a standard curve by plotting the log of the known concentrations of the standard dilutions (x-axis) versus the log of its corresponding O.D. (y-axis) and draw the best fit line through the points. It is recommended to use computer software capable of generating a log-log curve fit to more accurately quantify the standard dilutions.

If samples have been diluted, the concentration read from the standard curve must be multiplied by the dilution factor.

CALIBRATION

This immunoassay is calibrated against a highly purified recombinant human Follistatin-like protein 3.

SENSITIVITY

Twenty-five assays were evaluated and the minimum detectable dose (MDD) of Follistatin-like protein 3 was 20 pg/mL.

SPECIFICITY

PROTEIN NAME	CROSS-REACTIVITY
Human FOLLISTATIN-LIKE PROTEIN 3	100%
Human FOLLISTATIN-LIKE PROTEIN 1	0
Human FOLLISTATIN-LIKE PROTEIN 4	0
Human FOLLISTATIN-LIKE PROTEIN 5	0

TYPICAL DATA

This standard curve is provided for demonstration only. A standard curve should be generated for each set of samples assayed.

STANDARD (PG/ML)	AVERAGE OD450 (CORRECTED)
Blank	0 (0.060)
78.125	0.036
156.25	0.079
312.5	0.177
625	0.384
1250	0.864
2500	1.477
5000	2.320
10,000	2.926

SUMMARY OF ASSAY PROCEDURE

PREPARE REAGENTS, SAMPLES AND STANDARDS
↓
Add 100 µl of standard, samples, positive control to each well. Incubate 2 hours on the plate shaker at RT.
↓
Aspirate and wash 4 times.
↓
Add 100 µl Detection Antibody working solution to each well. Incubate 2 hours on the plate shaker at RT.
↓
Aspirate and wash 4 times.
↓
Add 100 µl Streptavidin-HRP conjugate working solution to each well. Incubate 60 min on the plate shaker at RT. Protect from light.
↓
Aspirate and wash 4 times.
↓
Add 100 µl Substrate Solution to each well. Incubate 1-4 min on the plate shaker at RT. Protect from light.
↓
Add 100 µl Stop Solution to each well. Read 450nm within 15 min.