# IRISIN (HUMAN) ELISA KIT

FOR THE QUANTITATIVE DETERMINATION OF HUMAN THE IRISIN CONCENTRATIONS IN PLASMA AND SERUM



ALWAYS REFER TO LOT SPECIFIC
PROTOCOL PROVIDED WITH EACH KIT FOR
INSTRUCTIONS. PROTOCOL MUST BE
READ BEFORE USING THIS PRODUCT.

FOR RESEARCH USE ONLY.NOT FOR USE IN DIAGNOSTIC PROCEDURES.

# **PRODUCT INFORMATION:**

### THIS KIT IS FOR ONE TIME USE ONLY.

ELISA NAME	IRISIN (HUMAN) ELISA
Catalog No.	SK00170-08
Formulation	96 T
Lot No.	20114710
Standard range	0.2 ~ 12.8 ng/mL
Sensitivity	50 pg/mL
Sample Volume	100 μL
Dilution Factor	Optimal dilutions should be determined by each laboratory for each application
Sample Type	Serum, Plasma
Specificity	Human
Calibration	Glycosylated Irisin (Human) His Tag Rec. (HEK293)
Intra-assay Precision	4 - 6%
Inter-assay Precision	4 - 9%
Storage	2 – 8 °C for 8 months. See page 3 for detail
This kit contains sufficient materials to run 35-40 samples duplicated provided that assay is run according to protocol.	

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#### DESCRIPTION

This Irisin (Human) ELISA Kit contains the necessary components required for the quantitative measurement of human recombinant Irisin (HEK293) and/or natural the Irisin from serum and plasma in a sandwich ELISA format.

Due the amino acid sequence of human Irisin was identical to bovine, mouse, rat or other animals, please use animal free cell culture media for Irisin sample assay.

This immunoassay contains recombinant glycosylated human Irisin (HEK293) and monoclonal antibodies raised, selected and validated by this protein. Results from this immunoassay have shown to accurately quantify recombinant and natural the Irisin samples.

#### **ASSAY OVERVIEW**

This assay employs the quantitative sandwich ELISA format. The plate is pre-coated with a monoclonal antibody specific for human Irisin. The capture antibody can bind to the human the irisin in the standard and samples. After washing the plate of any unbound substances, a biotinylated monoclonal antibody against human the Irisin is added to the wells. After another washing of the plate, the streptavidin-HRP Conjugate is added. After the last wash to remove any unbound enzyme, a substrate solution (TMB) is added to the wells and color develops in direct proportion to the amount of human the Irisin bound in the standard solutions or samples. A standard curve can be established and sample values can be read off the standard curve.

# **PROCEDURAL LIMITATIONS**

\_FOR RESEARCH USE ONLY. NOT FOR USE IN DIAGNOSTIC PROCEDURES.

\_This ELISA kit should not be used beyond the expiration date on the kit label.

\_Do not mix reagents with those from other lots or sources.

\_It is important that the Dilution Buffer selected for the standard curve be consistent with the samples being assayed.

\_Each laboratory must determine the optimal dilution factors for the samples being assayed with a pretest. If samples generate values that are not within the dynamic range of the standard curve, further concentrate or dilute the samples as required with Dilution Buffer and repeat the assay.

\_Any modifications in buffers, pipetting technique, washing technique, incubation time or temperature, as well as kit age can cause a change in signal. \_Not all interfering factors have been tested in the immunoassay, therefore the possibility of interference cannot be excluded.

# **COMPONENTS PROVIDED**

DESCRIPTION	CODE	QUANTITY		
Irisin Microplate – 96 well microplate coated with monoclonal antibody specific for the human Irisin.	170-08-01	1 plate		
Irisin Standard –51.2 ng of lyophilized recombinant human Irisin (Human cells).	170-08-02	1 vial		
Detection Antibody Concentrate – 1.2 mL of 10-fold concentrate of lyophilized biotinylated monoclonal antibody against human Irisin.	170-08-03	1 vial		
Positive Control – one vial of lyophilized recombinant human Irisin (human cells).	170-08-04	1 vial		
Streptavidin-HRP Conjugate – 120 μL/vial of 100-fold concentrated solution of Streptavidin- HRP conjugate.	SAHRP	1 vial		
<b>Dilution Buffer</b> – 50 mL of buffered solution with preservative.	DB10	1 bottle		
Antibody Diluent Solution – 12 mL of buffered solution with preservative.	DB108A	1 bottle		
HRP Diluent Solution – 12 mL of buffered solution with preservative.	DB08B	1 bottle		
Wash Buffer – 25 mL of 20-fold concentrated buffered surfactant with preservative.	WB01	1 bottle		
TMB Substrate Solution – 11 mL of TMB substrate solution.	TMB01	1 bottle		
Stop Solution – 11 mL of 0.25M HCl.	S-STOP	1 bottle		
Plate Sealer	EAPS	1 piece		

Plastic Pouch	P01	1 piece
		- p.c.c

#### **STORAGE**

**Unopened Kit:** Store at 2 – 8 °C for up to 8 months. For longer storage for up to 12 months, unopened Standard, Positive Control, Detection Antibody Concentrate, Dilution Buffer, Antibody Diluent Solution and HRP Diluent Solution should be stored at -20 °C. Streptavidin-HRP Conjugate concentrate and TMB Substrate Solution can be stored only at 2 – 8 °C. Do not use kit past expiration date.

# ADDITIONAL MATERIALS REQUIRED

- Microplate reader capable of absorbance measurement at 450 nm.
- Microplate shaker (250 300 rpm).
- Microplate washer or manifold dispenser.
- 100 mL and 500 mL graduated cylinders.
- Multi-channel Pipette, Pipettes and pipette tips.
- Deionized or distilled water.

#### **PRECAUTION**

This kit should be handled by those persons who have been trained in and can follow the principles of good laboratory practice. Wear protective clothing such as laboratory overalls, safety glasses and gloves. Care should be taken while handling solutions in this kit to avoid contact with skin or eyes, especially with the stop solution because it contains diluted hydrochloric acid. Wash immediately with water in case of contact on skin or eyes.

# SAMPLE COLLECTION AND STORAGE

**Plasma** - Collect plasma using EDTA, heparin, or citrate as an anticoagulant. Centrifuge for 15 minutes at 1000x g within 30 minutes of collection. Assay immediately or aliquot and store samples at  $\leq$  -20°C. Avoid repeated freeze-thaw cycles.

**Serum** - Use a serum separator tube (SST) and allow samples to clot for 30 minutes before centrifugation for 15 minutes at  $1000 \times g$ . Remove serum and assay immediately or aliquot and store samples at  $\leq -20^{\circ}$  C. Avoid repeated freeze-thaw cycles.

**Cell Culture Samples** - The amino acid sequence of bovine Irisin is 100% identical to human Irisin; therefore, any culture media that contains fetal bovine serum or other animal serum **cannot** be used for Irisin assay. **Please use animal free culture media.** 

#### SAMPLE PREPARATION

Serum and or plasma samples may require  $4 \sim 8$  fold dilution.

A suggested 4-fold dilution is 25  $\mu$ l per well of sample + 75  $\mu$ l per well of Dilution Buffer (DB10). A suggested 8-fold dilution is 12.5  $\mu$ l per well of sample + 87.5  $\mu$ l per well of Dilution Buffer.

Optimal dilutions should be determined by each laboratory for each application with a pretest. Use polypropylene test tubes.

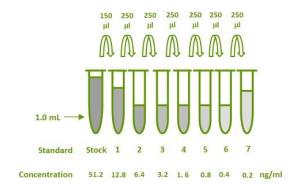
#### REAGENT PREPARATION

Bring all reagents to room temperature before use.

Wash Buffer – Dilute 25 mL of Wash Buffer Concentrate 20X into 475 mL distilled or deionized water to make 500 mL of 1x Wash Buffer. If crystals have formed in the concentrate, warm bottle in a water bath until the crystals have completely dissolved.

Irisin Standard – Reconstitute the human Irisin standard with 1 mL of Dilution Buffer (DB10) to this stock standard vial. The concentration of the reconstituted stock solution is 51.2 ng/ml. Allow the stock standard to sit for at least 15 minutes with gentle agitation until completely dissolved prior to making standard dilutions (see below). Mix each tube thoroughly before the next transfer. The 12.8 ng/mL standard serves as the high standard. The Dilution Buffer serves as the zero standard (0 ng/mL). The optional 51.2 ng/mL standard set as the highest concentration of standard. Store the stock solution at -70°C for a few days.

TUBE	STANDARD	DILUTION BUFFER	CONCENTRATION
Stock	powder	1000μL	51.2 ng/mL
#1	150 μL of stock	450 μL	12.8 ng/mL
# 2	250μL of 1	250μL	6.4 ng/mL
#3	250μL of 2	250μL	3.2 ng/mL
#4	250μL of 3	250μL	1.6 ng/mL
# 5	250μL of 4	250μL	0.8 ng/mL
#6	250μL of 5	250μL	0.4 ng/mL
#7	250μL of 6	250μL	0.2 ng/mL



**Positive Control** - Reconstitute the Positive Control with 1 mL of **Dilution Buffer (DB10)** to prepare working solution. Discard the positive control after use. It is for one time use only.

**Detection Antibody** - Reconstitute the Detection Antibody Concentrate with 1.2mL of **Antibody Diluent Solution (DB108A)** to produce a 10-fold concentrated stock solution. Allow the concentrated solution to sit for at least 5 minutes until completely dissolved. Freshly Pipette 9.45 mL of **Antibody Diluent Solution (DB108A)** into a 15 mL centrifuge tube and transfer 1.05 mL of 10-fold concentrated stock solution to prepare working solution.

Streptavidin-HRP Conjugate – Freshly Pipette 10.89 mL of HRP Diluent Solution (DB08B) into a 15 mL centrifuge tube and transfer 110  $\mu$ L of 100-fold concentrated stock solution to prepare working solution (protect from light). DO NOT FREEZE. 1 x working solution should be used within 10-20 minutes.

# **ELISA PROTOCOL**

Bring all reagents and samples to room temperature before the start of the assay. Blank, standard dilutions, positive control and samples should be assayed in duplicate. ELISA Protocol may need further optimization.

- 1. Prepare all reagents, standard dilutions, positive control and samples as directed previously.
- 2. Add 100  $\mu$ L per well of **Dilution Buffer** to Blank wells
- Add 100 μL per well of Standard Dilutions in reverse order of serial dilution, samples, or positive control. Cover with plate sealer and incubate for 2 hours on microplate shaker (250-300 rpm) at room temperature.

- 4. Aspirate and wash each well with 300  $\mu$ L of 1x Wash Buffer four times. After the last wash, aspirate any remaining 1x Wash Buffer, invert the plate and blot against clean paper towel(s).
- Add 100 μL per well of Detection Antibody working solution. Cover with plate sealer and incubate for 2 hours on microplate shaker (250-300rpm) at room temperature.
- 6. Repeat the aspiration and wash as in step 4.
- 7. Add 100 µL per well of **Streptavidin-HRP Conjugate working solution**. Cover with plate sealer and incubate for 60 minutes on microplate shaker at room temperature. **Protect from light.**
- 8. Repeat the aspiration and wash as in step 4.
- 9. Add 100  $\mu$ L per well of **Substrate Solution**. Incubate for 20 min on microplate shaker at room temperature. **Protect from light.**
- 10. Add 100  $\mu$ L per well of **Stop Solution**. The color in the wells should change from blue to yellow. If the color change does not appear uniform, gently tap the plate to ensure thorough mixing.
- 11. Read plate using a microplate reader set to 450 nm within 3 minutes.

#### CALCULATION OF RESULTS

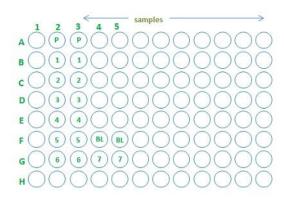
Create a standard curve by plotting the log of the known concentrations of the standard dilutions (x-axis) versus the log of its corresponding O.D. (y-axis) and draw the best fit line through the points. It is recommended to use computer software capable of generating a log-log or 4-parameter curve fit to more accurately quantify the standard dilutions.

If samples have been diluted, the concentration read from the standard curve must be multiplied by the dilution factor.

#### **SPECIFICITY**

PROTEIN	CROSS-REACTIVITY
Irisin (Human) (HEK293)	100%
Human PEDF	0
Human Myonectin	0
Human SPARC	0
Human IL-13	0

The recombinant Irisin (Human) his tag derived from E. Coli was showed the cross-reactivity with this kit.



#### TYPICAL STANDARD CURVE

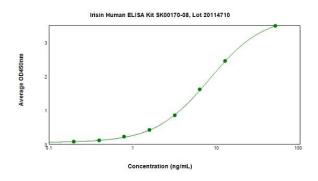
This standard curve is for demonstration only. A new standard curve should be made for each set of samples assayed.

STANDARD (NG/ML)	AVERAGE OD450nm (CORRECTED)
Blank	0 (0.092)
0.2	0.062
0.4	0.109
0.8	0.217
1.6	0.420
3.2	0.847
6.4	1.610
12.8	2.443
51.2 (optional)	3.487

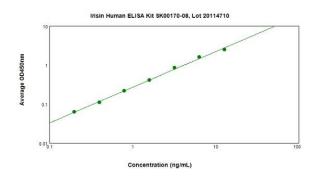
Lot No.: 20114710

Positive control: 2 ~ 8 ng/mL (4-parameter)

Standard curve (0.2~51.2 ng/mL) fit by 4-parameter:



Standard curve (0.2~12.8 ng/mL) fit by log-log:



#### SUMMARY OF ASSAY PROCEDURE

